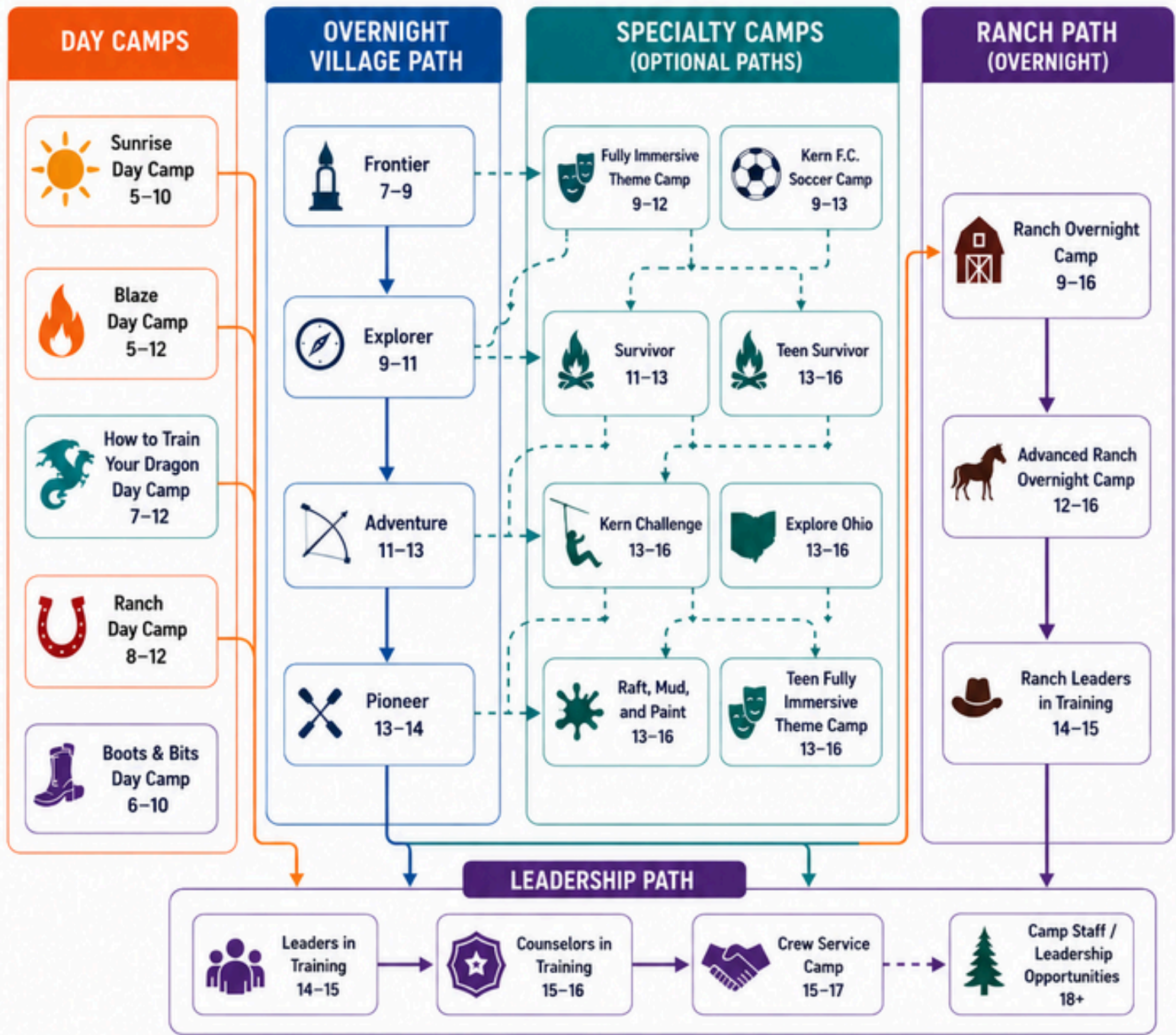


YMCA Camp Kern Outcomes Guide

Type of Program	Program	Age	Program Goals and Outcomes	Your camper will develop...	My Camper's Exposure to Nature
Day Camp Programs	Sunrise Day Camp	5-10	Build comfort and confidence in camp. Campers learn routines, meet staff, and explore spaces at a pace that feels safe and welcoming. They gain a sense of belonging that sets them up for success in future sessions.	Independence, social skills, emotional growth.	Outdoor exploration and play.
	Blaze Day Camp	5-12	Encourage discovery through camp activities. Campers try new things, explore interests, and learn what excites them. Activities are designed to spark curiosity and help campers find joy in exploration.	Confidence, friendship, decision-making.	Daily outdoor experiences and nature exposure.
	Boots & Bits Day Camp	6-10	Introduce horses and ranch experiences. Campers gain early exposure to ranch life through hands-on experiences like grooming, feeding, and basic riding. They build comfort around large animals in a supportive environment.	Confidence, responsibility, curiosity.	Learning about animals and outdoor environments.
	How to Train Your Dragon Day Camp	7-12	Use storytelling to inspire adventure and creativity. Narrative-driven activities help campers imagine, create, and immerse themselves in themed adventures. Storytelling becomes a tool for confidence, expression, and collaborative play.	Imagination, teamwork, problem solving.	Connecting fictional adventures to real outdoor experiences.
	Ranch Day Camp	8-12	Introduce horsemanship and animal care. Campers learn foundational skills such as grooming, tacking, feeding, and understanding horse behavior. They develop responsibility and empathy through animal stewardship.	Responsibility, confidence, empathy.	Understanding animals and stewardship.
Traditional Overnight Camp	Frontier	7-9	Successfully transition campers into overnight camp. Campers practice independence, sleeping away from home, and navigating camp life with support. They gain readiness for longer, more immersive overnight experiences.	Independence, friendship, self-confidence.	Discovering and enjoying nature through camp traditions.
	Explorer	9-11	Expand comfort zones through new experiences. Campers stretch themselves by trying activities that feel challenging but achievable. They learn resilience, courage, and pride in personal growth.	Resilience, social development, confidence.	Increased engagement with outdoor activities.
	Adventure	11-13	Encourage healthy risk-taking and challenge. Campers learn to assess risk, make safe choices, and push themselves appropriately. Staff guide them through challenges that build confidence and judgment.	Teamwork, perseverance, leadership.	Adventure activities that build appreciation for the outdoors.
	Pioneer	13-14	Prepare campers for future leadership opportunities. Campers practice communication, responsibility, teamwork, and initiative. They begin to see themselves as contributors to the camp community.	Responsibility, maturity, leadership.	Advanced outdoor experiences and stewardship.

Overnight Sports Camps	Kern F.C. Soccer Camp	9-13	Develop soccer skills and sportsmanship. Campers improve technical skills, game understanding, and teamwork. They learn respect, fairness, and how to compete with integrity.	Teamwork, perseverance, confidence.	Active outdoor recreation and healthy living.
Fully Immersive Overnight Camp	Teen Fully Immersive Theme Camp	9-12	Foster creativity and collaboration through immersive experiences. Campers work together to build worlds, solve problems, and create shared stories or projects. They practice communication, imagination, and group decision-making.	Leadership, communication, teamwork.	Outdoor role-play and adventure experiences.
	Fully Immersive Theme Camp	13-16	Connect campers to stories they love while building community and creativity. Programs rooted in beloved narratives help campers bond, express themselves, and feel part of something bigger. Shared stories become a foundation for friendships.	Imagination, belonging, self-expression.	Using outdoor settings to bring stories to life.
Overnight Teen Camp	Survivor	11-13	Promote positive competition and teamwork. Campers learn to compete with respect, celebrate others, and work toward shared goals. They develop resilience, cooperation, and a healthy relationship with winning and losing.	Cooperation, communication, leadership.	Outdoor challenges that rely on environmental awareness.
	Teen Survivor	13-16	Deepen leadership and team-building through competition. Older campers take on roles that require strategy, communication, and group coordination. Competition becomes a tool for leadership development.	Advanced leadership and problem solving.	Outdoor challenge-based learning.
	Explore Ohio	13-16	Expand horizons through travel and exploration. Campers experience new environments, cultures, and challenges. Travel builds independence, adaptability, and a broader understanding of the world.	Independence, adaptability, cultural awareness.	Learning about Ohio's natural and historic environments.
	Kern Challenge	13-16	Challenge campers to achieve more than they thought possible. Through structured challenges, campers discover their strengths and build confidence in their abilities. They learn perseverance and pride in accomplishment.	Confidence, resilience, courage.	Outdoor challenge course and adventure experiences.
	Raft, Mud & Paint	13-16	Create shared adventures through high-energy outdoor experiences. Campers bond through activities like climbing, paddling, hiking, and team challenges. These shared adventures build trust, friendship, and community.	Teamwork, adaptability, confidence.	Direct engagement with rivers, trails, and outdoor recreation.
Overnight Ranch Camp	Ranch Overnight Camp	9-16	Build confidence through horsemanship. Working with horses teaches campers patience, communication, and self-assurance. They learn to trust themselves and their ability to lead.	Responsibility, perseverance, self-esteem.	Animal care and outdoor stewardship.
	Advanced Ranch Camp	12-16	Develop advanced horsemanship skills and leadership. Campers refine riding technique, deepen animal-care knowledge, and take on leadership roles in the barn. They model safety, responsibility, and mentorship.	Leadership, discipline, confidence.	Deeper understanding of horse care and land stewardship.

Teen Leadership Programs	Ranch Leaders in Training	14-15	Prepare future ranch leaders. Campers learn to manage barn operations, support younger riders, and uphold ranch culture. They gain the skills needed to step into junior leadership roles.	Mentorship, responsibility, leadership.	Modeling stewardship and care for animals and facilities.
	Leaders in Training	14-15	Teach campers to become leaders at camp and in their communities. Programs emphasize communication, empathy, initiative, and service. Campers learn how to influence others positively and contribute meaningfully.	Leadership, communication, service.	Leading peers in outdoor settings.
	Crew Service Camp	15-17	Develop servant leadership through meaningful work. Campers learn that leadership is about service, responsibility, and supporting others. They practice humility, teamwork, and stewardship of camp spaces.	Work ethic, teamwork, responsibility.	Caring for camp facilities and natural spaces.
	Counselors in Training	15-16	Prepare future staff members through mentorship and practice. Older campers shadow staff, learn program operations, and practice skills needed for counselor roles. They gain confidence, professionalism, and readiness for employment.	Leadership, professionalism, empathy.	Facilitating outdoor experiences for younger campers.



AGE OVERVIEW	AGES 5-10	AGES 5-12	AGES 6-10	AGES 7-12	AGES 8-12	AGES 7-9	AGES 9-11	AGES 11-13	AGES 1-13	AGES 9-12	AGES 13-13	AGES 9-13	AGES 13-16	AGES 13-16	AGES 14-16	AGES 12-16	AGES 15-17	18+
	Sunrise Day Camp	Blaze Day Camp	Boots & Bits Day Camp	How to Train Your Dragon Day Camp	Ranch Day Camp	Frontier	Explorer	Adventure	Fully Immersive Theme Camp	Survivor	Kern F.C. Soccer Camp	Kern Challenge	Explore Ohio	Raft, Mud, and Paint	Teen Overnight Teen Fully Immersive Theme Camp	Ranch Overnight in Training	Crew Service Camp	Camp Staff / Leadership Opportunities